

BEFORE YOU SEND THIS NOTICE

1. You do not need a lawyer or a doctor to send this notice.
2. Fill out all sections. Save the completed PDF. Attach it to an email. Send.
3. Send to your regional AISH office (Section 2) AND to Minister Nixon. CC your MLA (page 3).
4. Request a written response. Keep the auto-reply. That is your proof of receipt.

SECTION 1 -- YOUR INFORMATION

Full Legal Name:

AISH File Number (if known):

Date of This Notice:

Your City / Town:

Your Email Address (the address you will send this from):

SECTION 2 -- WHERE TO SEND THIS NOTICE

There are no longer individual caseworkers assigned to AISH files. Send directly to your regional office. Also send a copy to Minister Nixon and your MLA (page 3).

Your Area	Regional Email	Phone
Edmonton & area (St. Albert, Spruce Grove, Sherwood Park)	aishedmonton@gov.ab.ca	780-415-6300
Calgary & area (Airdrie, Cochrane, Canmore, Okotoks)	calgaryaish@gov.ab.ca	1-844-297-1907
South Alberta (Lethbridge, Medicine Hat, Brooks)	aishsouth@gov.ab.ca	1-833-382-4081
North & NE Alberta (Athabasca, Barrhead, Cold Lake, St. Paul)	aishne@gov.ab.ca	1-888-644-1802
Central Alberta (Red Deer, Lacombe, Camrose, Wetaskiwin)	aishcentral@gov.ab.ca	1-833-698-9959
Not sure? Visit alberta.ca/contact-aish	AISHApply@gov.ab.ca	1-877-759-6810

Also send a copy to: Minister Jason Nixon (ALSS) -- alss.minister@gov.ab.ca | Your MLA -- see directory on page 3

SECTION 3 -- YOUR BARRIERS TO EMPLOYMENT PARTICIPATION (CHECK ALL THAT APPLY)

One documented barrier is enough to require accommodation. Check every barrier that honestly applies to you.

- | | |
|---|---|
| <input type="checkbox"/> No vehicle -- I do not have access to a car | <input type="checkbox"/> Children with complex needs -- no safe alternative care |
| <input type="checkbox"/> Cannot use public transit due to a documented disability | <input type="checkbox"/> EA / support worker is intermittent without advance notice |
| <input type="checkbox"/> Cannot afford Uber / taxi / private transportation | <input type="checkbox"/> Medical appointments conflict with programming schedule |

- Cannot walk distances to reach transit or workshops
- No advance notice of schedule to arrange alternative care
- Episodic disability -- condition prevents reliable attendance
- Mental health condition prevents group/public attendance
- Caregiver obligations -- dependents need direct supervision
- Other -- describe below
- Active medical protocols -- must respond to emergencies

If none of the above fully describes your situation, or if you want to add more detail, use the space below:

Example: "I have been diagnosed with [condition] since [year]. My condition causes [symptoms] that make it impossible for me to reliably attend scheduled programming. I am also the sole caregiver for [child/dependent] who has [needs] and cannot be left unsupervised. I do not have a vehicle and cannot afford taxi or Uber transportation on \$1,685 per month after rent and utilities. I am not refusing to participate -- I am unable to participate safely given my circumstances."

Describe your situation in your own words:

- ✓ If no response within 14 business days, reply to your original sent email requesting an update.
- ✓ If ADAP penalizes you for non-attendance before responding to this notice, that is a formal complaint.
- ✓ Keep everything. This completed form is the start of your evidence file.

KEY PRINCIPLE: If ADAP provides accommodation -- you get the support you need.

If ADAP says no or does not respond -- you have documented proof that the government required employment participation and refused to address the barriers that make it impossible for you.

Either way, the record works in your favour.

WHAT YOU SHOULD KNOW -- KEY FACTS ABOUT ADAP (SOURCED FROM PUBLIC RECORD)

79,290	Albertans currently receiving AISH who will be subject to mandatory ADAP transition by July 1, 2026. No individual reassessment is required before transfer. (Alberta Government Budget 2024-25)
\$1,685/ mo	Maximum ADAP benefit rate. After average rent in Alberta (\$1,300-1,800 for a 1-bedroom), most recipients have less than \$400 remaining for food, medication, transportation, and all other expenses.
\$0	Amount ADAP currently allocates for transportation to employment programming. No transportation supplement exists. Recipients are expected to attend workshops with no travel support provided.
FINAL	Medical Review Panel decisions under ADAP are final and cannot be appealed to an independent body. The Citizens Appeal Panel -- which previously reviewed AISH decisions -- was eliminated by Bill 12 in December 2025.
June 1	The deadline you have set for a written government response to this notice. If no response is received, this notice becomes the foundation for a formal complaint to the Alberta Ombudsman, the Human Rights Commission, or the federal HUMA Committee.
14 days	The standard government response window for written accommodation requests. If ADAP penalizes you for non-attendance before responding to this documented notice, that penalization is a procedural fairness violation.

Sources: Alberta Government Budget 2024-25; ADAP program documentation; Bill 12 (December 2025); Alberta Disability System Breakdown report series (April 2026). All figures cited in formal submissions to the HUMA Standing Committee and Alberta Legislature.

SECTION 6 -- FIND YOUR MLA -- ALL ALBERTA RIDINGS

Your Postal Code (first 3 characters) -- use to identify your riding in the table below:

All MLA emails follow the format: riding@assembly.ab.ca | Legislature Building, 10800 97 Ave NW, Edmonton AB T5K 2B6 | Or visit contact.assembly.ab.ca to search by full postal code.

Riding	MLA (Party)	Email
Airdrie-Cochrane	Peter Guthrie (UCP)	airdrie.cochrane@assembly.ab.ca
Airdrie-East	Laila Goodridge (UCP)	airdrie.east@assembly.ab.ca
Athabasca-Lakeland	Whitney Issik (UCP)	athabasca.lakeland@assembly.ab.ca
Banff-Kananaskis	Sarah Elmeligi (NDP)	banff.kananaskis@assembly.ab.ca
Barrhead-Morinville-Westlock	Glenn van Dijken (UCP)	barrhead.morinville.westlock@assembly.ab.ca
Battle River-Wainwright	Martin Long (UCP)	battle.river.wainwright@assembly.ab.ca
Bonnyville-Cold Lake-St. Paul	David Hanson (UCP)	bonnyville.coldlake.stpaul@assembly.ab.ca
Brooks-Medicine Hat	Michaela Glasgo (UCP)	brooks.medicinehat@assembly.ab.ca
Calgary-Acadia	Jennifer Johnson (UCP)	calgary.acadia@assembly.ab.ca
Calgary-Buffalo	Joe Ceci (NDP)	calgary.buffalo@assembly.ab.ca
Calgary-Cross	Mickey Amery (UCP)	calgary.cross@assembly.ab.ca
Calgary-East	Irfan Sabir (NDP)	calgary.east@assembly.ab.ca
Calgary-Elbow	Doug Schweitzer (UCP)	calgary.elbow@assembly.ab.ca
Calgary-Foothills	Prasad Panda (UCP)	calgary.foothills@assembly.ab.ca
Calgary-Glenmore	Jeremy Nixon (UCP)	calgary.glenmore@assembly.ab.ca
Calgary-Greenway	Mostafa Agha (NDP)	calgary.greenway@assembly.ab.ca
Calgary-Klein	Graig Snyder (UCP)	calgary.klein@assembly.ab.ca
Calgary-McCall	Naheed Nenshi (NDP)	calgary.mccall@assembly.ab.ca
Calgary-Mountain View	Diana Chase (UCP)	calgary.mountainview@assembly.ab.ca
Calgary-North	Jason Copping (UCP)	calgary.north@assembly.ab.ca
Calgary-North East	Peter Zahavi (UCP)	calgary.northeast@assembly.ab.ca
Calgary-North West	Rajdeep Kalsi (NDP)	calgary.northwest@assembly.ab.ca
Calgary-Peigan	Mike Ellis (UCP)	calgary.peigan@assembly.ab.ca
Calgary-Rangeview	Sonya Savage (UCP)	calgary.rangeview@assembly.ab.ca
Calgary-Shaw	Jason Luan (UCP)	calgary.shaw@assembly.ab.ca
Calgary-South East	Taneen Bhullar (UCP)	calgary.southeast@assembly.ab.ca
Calgary-West	Isaac Twyman (UCP)	calgary.west@assembly.ab.ca
Camrose	Jackie Armstrong-Homeniuk (UCP)	camrose@assembly.ab.ca
Cardston-Siksika	Joseph Schow (UCP)	cardston.siksika@assembly.ab.ca
Central Peace-Notley	Todd Loewen (UCP)	central.peace.notley@assembly.ab.ca
Chestermere-Strathmore	Leela Aheer (UCP)	chestermere.strathmore@assembly.ab.ca
Cypress-Medicine Hat	Drew Barnes (UCP)	cypress.medicinehat@assembly.ab.ca
Drayton Valley-Devon	Mark Smith (UCP)	drayton.valley.devon@assembly.ab.ca
Drumheller-Stettler	Nate Horner (UCP)	drumheller.stettler@assembly.ab.ca

Riding	MLA (Party)	Email
Spruce Grove-Stony Plain	Searle Turton (UCP)	spruce.grove.stony.plain@assembly.ab.ca
St. Albert	Marie Renaud (NDP)	St.Albert@assembly.ab.ca
Taber-Warner	Grant Hunter (UCP)	taber.warner@assembly.ab.ca
Vermilion-Lloydminster-Wainwright	Garner Currie (UCP)	vermilion.lloydminster.wainwright@assembly.ab.ca
West Yellowhead	Martin Long (UCP)	west.yellowhead@assembly.ab.ca
Wetaskiwin-Camrose	Bruce Fitch (UCP)	wetaskiwin.camrose@assembly.ab.ca
Whitecourt-Ste. Anne	Nathan Cooper (UCP)	whitecourt.ste.anne@assembly.ab.ca