

MOVE FAST, BREAK THINGS — HOW TO USE THIS SUBMISSION

An accountability submission to your elected representatives · Version 1.0, September 2026 (Classification: Public)

WHAT THIS FORM IS FOR

This is a submission you send to an elected representative asking them to answer for a documented record. It sets out four examples drawn from the government's own published material, adds your own story, and puts one question to the recipient: where do you stand, and what will you do.

You are not asking for a favour. You are asking someone who holds office to respond to facts that are already on the public record. That is a different kind of letter and it is meant to read like one.

The four examples are the disability cut, the transparency rollback, and two others set out in the pack. Your story is the part that cannot be dismissed as politics.

BEFORE YOU FILL THIS OUT

Decide who you are sending it to. It works for your own MLA, for the Minister, or for a party leader. The pack carries a directory of constituency email addresses verified against the Legislative Assembly roster in June 2026.

Check the address before you send. The directory warns that a small number of multi-part riding addresses can vary, and that one seat was vacant pending a by-election. If an address bounces, search the riding name at assembly.ab.ca to confirm.

Your story has a character limit and it is deliberate. 900 characters, about 150 words. Short and specific travels further than long and general.

WHAT EACH SECTION IS ASKING FOR

In plain terms, section by section. You do not have to read it all — find the part you are stuck on.

Who this is going to

Recipient name, up to 80 characters, and their role or riding, up to 90. Getting the role right matters — a Minister and a backbench MLA are being asked different things by the same letter.

Your story — the part they cannot dismiss

In your own words, how these changes affect you or someone you care for. You do not need the right terms. Plain and true is what lands. 900 characters, about 150 words, so choose the thing that matters most rather than trying to fit everything.

The documented record

Four examples, already written, each traceable to the government's own published record. You do not need to research or verify them and you should not reword them. They are there so your story sits inside a sourced frame rather than standing alone.

The question

The submission closes by asking the recipient where they stand and what they will do. That is the part that requires an answer rather than an acknowledgement.

WHERE THIS GOES AFTER YOU SIGN IT

Your MLA, the Minister, or a party leader — by email.

The directory of constituency addresses is in the pack. Email leaves a record and is the practical route for most people.

Send it to more than one.

The submission says it directly: the more people who send it, the harder it is to ignore. Sending to your own MLA and to the Minister is the usual pairing.

Keep your copy and the date.

A submission you can prove you sent, on a date, is worth more later than one you remember sending.

WHAT HAPPENS NEXT

Constituency offices generally acknowledge. An acknowledgement is not an answer. The submission asks two specific things, and a reply that restates government policy has answered neither.

If you get nothing after a month, send it again and say it is a second request. Note both dates.

Whatever comes back, keep it. Replies collected across many senders are themselves a record of who was willing to answer.

WHAT NOT TO DO

Do not rewrite the four documented examples. Their strength is that they are traceable to published sources. Paraphrasing them breaks that.

Do not send it to the campaign instead of to a representative. ADSB cannot send it for you and it carries no weight arriving from us.

Do not pad your story to fill the box. 900 characters is a ceiling, not a target.

Directory verified against the Legislative Assembly of Alberta official roster, June 2026. Confirm an address at assembly.ab.ca if one bounces.

MOVE FAST, BREAK THINGS

An accountability submission from Albertans to their elected representatives.

You are not asking for a favour. You are asking your MLA to answer for a documented record.

Across health, disability, transparency, and data, one government has moved at speed and, in the rush, broken the protections meant to keep people safe. This submission sets out four documented examples, each traceable to the government's own published record, and asks the recipient one question: where do you stand, and what will you do.

Fill in your own story and details, then send it. The more of us who send it, the harder it is to ignore.

WHO THIS IS GOING TO

Recipient name (your MLA, the Minister, or a party leader)

Maximum 80 characters.

Their role or riding (for example: MLA for ____, or Minister of ____)

Maximum 90 characters.

YOUR STORY

This is the evidence. It is the part they cannot dismiss as politics.

In your own words, tell them how these changes affect you or someone you care for. You do not need the right terms. Plain and true is what lands.

A large, empty rectangular box with a thin dark blue border, intended for the user to write their story. It occupies the central portion of the page below the introductory text.

Maximum 900 characters (about 150 words). Keep it to what matters most to you.

THE DOCUMENTED RECORD

Four examples. Each traceable to the government's own published record.

1. The disability cut (ADAP)

On July 1, 2026 (the regulation says July 2), roughly 79,000 Albertans on AISH are moved to the new ADAP program unless they fall into four narrow categories. ADAP pays \$1,740 a month against the AISH rate of \$1,940, a \$200 cut. A transition top-up holds payments at the current amount only until December 31, 2027; the reduction lands January 2028. No one was individually assessed before being moved, and the independent appeal that used to catch mistakes has been removed.

2. The transparency rollback

The former Freedom of Information law was replaced by a new Access to Information Act. It allows the government to withhold records created by or for the Premier, ministers, and Treasury Board, including emails. The Information and Privacy Commissioner publicly warned this significantly reduces Albertans' right of access, and had already found the government non-compliant in how it processes access requests.

3. The voter-data breach

In May 2026, the Elections Alberta List of Electors, the personal information of roughly 2.9 million Albertans, was distributed and used without authorization. The Privacy Commissioner described it as the worst breach involving voter data in Canadian history.

4. The health-system restructure (AHS)

Alberta Health Services, the province's single health authority, has been broken into four separate agencies. The teardown is costed at roughly \$85 million over two years, with administration spending projected to keep climbing. No taxpayer savings have been confirmed, and frontline workers describe confusion and fragmentation.

The pattern these four share:

Speed without process. No consultation, no individual assessment, no oversight, no time for the safeguards to work. And each time, the breakage lands hardest on the people with the least cushion to absorb it.

THE ASK, AND WHO YOU ARE

Every representative who receives this has a question to answer.

To the representative receiving this: I am your constituent, or a fellow Albertan, and I am asking you to put your position on the public record. This is not a request to remove anyone. It is a request to answer.

- **What is your position on the documented harm set out in this submission?**
- **What will you do, in your role, to address it?**
- **If you support these changes, will you say so plainly to the people they affect?**

I would like a written reply stating your position. A non-answer is itself an answer, and I will note it as one.

FROM, YOUR DETAILS

Your name

Maximum 60 characters.

Your community or riding

Maximum 60 characters.

Your email (optional, so they can reply to you)

Optional. Maximum 90 characters.

Where to send it

Send to the recipient named on page 1, and consider copying your own MLA, the Minister responsible (ALSS), and your local media. You can find your MLA through the Legislative Assembly of Alberta. Sending the same submission to representatives across every party puts your question on every desk.

Sources (government and primary record):

- Alberta Disability Assistance Program — alberta.ca/alberta-disability-assistance-program
- Office of the Information and Privacy Commissioner of Alberta — oipc.ab.ca
- Government of Alberta — alberta.ca

This submission is general information drawn from the public record, not legal advice. It states documented effects, not motives.

CONTACT DIRECTORY

Copy any email address into your To: field. Attach your completed letter. Screenshot the sent email.

PRIMARY CONTACTS — START HERE

Marie Renaud — Shadow Critic, MLA St. Albert (NDP)	St.Albert@assembly.ab.ca
Minister Nathan Neudorf — Assisted Living & Social Services (ALSS)	alss.minister@gov.ab.ca

KEY CONTACTS

Premier Danielle Smith	premier@gov.ab.ca	AISH / ADAP Program	adapengagement@gov.ab.ca
Alberta Ombudsman	info@ombudsman.ab.ca	Alberta Human Rights Commission	humanrights@gov.ab.ca
Federal Disability Minister	hc.ministre-minister.sc@hc-sc.gc.ca	HUMA Standing Committee	HUMA@parl.gc.ca
UN Special Rapporteur on Disabilities	ohchr-sr-disabilities@un.org	Inclusion Alberta	mail@inclusionalberta.org
Voice of Albertans with Disabilities	vad@vadsociety.ca		

ALBERTA MLAs — FIND YOUR RIDING

Email pattern: Riding.Name@assembly.ab.ca · Legislature Building, 10800 97 Ave NW, Edmonton AB T5K 2B6

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Note: a small number of multi-part riding addresses (for example Bonnyville-Cold Lake-St. Paul, Lac Ste. Anne-Parkland) can vary. If one bounces, search the riding name at assembly.ab.ca to confirm. One seat is vacant pending a by-election.