

PERSONAL IMPACT STATEMENT — HOW TO USE IT

Documenting what the AISH-to-ADAP transition did to your life · Version 1.0, September 2026 (Classification: Public)

WHAT THIS FORM IS FOR

This statement records the real effects of the AISH-to-ADAP transition on one person's life — yours. It collects your circumstances, your money, your health, your work capacity, and then gives you room to say in your own words what the numbers do not capture.

It is evidence, not a complaint. It does not challenge a decision on your file and it does not start a process. It goes onto the public record, and its power is cumulative: one statement is a story, several hundred is a pattern that cannot be answered with an average.

You do not need to be a lawyer and you do not need the right words. You need to be truthful and specific.

BEFORE YOU FILL THIS OUT

Check the AISH figure printed in Section 4 against your own letter. The note on the form says AISH is \$1,685 a month. Other current campaign material states \$1,940, with ADAP at \$1,740. Those cannot both be right, and this guide does not have a verified source to settle it. Use **the amount on your own most recent letter or deposit**, which is the only figure that matters for your statement anyway.

Have your numbers in front of you. Rent, utilities, food, medications and supplies. Approximate is fine. The statement asks what is left after essentials, and that figure lands harder than any adjective.

The long boxes have no limit. Sections 3, 5, 6 and 7 all say *tell your full story*. Take the room. This is the one document in the set that is not trying to make you brief.

WHAT EACH SECTION IS ASKING FOR

In plain terms, section by section. You do not have to read it all — find the part you are stuck on.

Section 1 — Your information

Name, date of birth, city, postal code, phone, email. Standard identifying detail.

Section 2 — AISH and disability status

Your monthly amount and effective date, your primary documented diagnosis, any secondary conditions, who assessed you and in what year. Secondary conditions matter — the cumulative picture is the point, and conditions that look minor alone often are not alone.

Section 3 — Household and dependents

Household size, number of dependents, and whether any are on FSCD or PDD. The detail box has no limit: ages, disabilities, which programs. A household where more than one person is disabled is a different situation and this is where that becomes visible.

Section 4 — Financial impact

Rent or housing, utilities, food, medications and supplies, other essentials, and what is left afterwards. That last figure is the one that does the work. If it is zero or negative, write zero or negative.

Section 5 — Employment and work capacity

Whether you work — yes, no, or partially and occasionally — and if so what and how much. Then the barriers that prevent full-time work, with no limit. Working a little is not a contradiction; it is evidence of what work costs you.

Section 6 — Health and medical access

Whether you have a family doctor, are waitlisted, or have none. Specialists, medications and treatments. Then how the transition affects your ability to manage your health. No doctor is itself a finding worth stating plainly.

Section 7 — Your statement

Two open boxes, no limit. What the transition means for your daily life, and what you want the government to know that the data does not capture. This is the section the whole form exists to deliver. Ordinary and specific beats general and sweeping — the morning you could not do the thing, not the abstract difficulty.

Section 8 — What you are asking for

Tick boxes for the changes you want, including pausing the mandatory transition until criteria are published in plain language and restoring the independent appeal panel. A statement that ends in an ask is harder to file away than one that ends in a description.

WHERE THIS GOES AFTER YOU SIGN IT

Your MLA and your MP.

The form carries a contact directory. Your own representatives are the recipients with a reason to answer you.

The Premier, the Minister, the Ombudsman, and the Alberta Human Rights Commission.

The form directs the statement to all of these. Confirm current addresses on the bodies' own sites before sending — directories in this library have been found to carry addresses that are no longer live.

Optionally, the campaign, as a copy.

albertadisabilitybreakdown@outlook.com, if you want it counted in the documented record. That copy is additional. It is not a substitute for sending it to the people who can act.

WHAT HAPPENS NEXT

You may get an acknowledgement and you may get nothing. Neither means the statement did not count — it is on the record either way, which is the purpose.

Keep your copy with the date and the list of who you sent it to. If you later appeal, complain, or speak publicly, a dated statement made earlier is stronger than one written after the fact.

Your circumstances will change. When they do, send an updated statement rather than editing the old one. Two statements a year apart show a direction of travel, which a single snapshot cannot.

WHAT NOT TO DO

Do not attach medical records. You are describing your life, not proving a diagnosis. Nobody receiving this needs your chart.

Do not tidy it up. The specific, unflattering, ordinary detail is the part that carries. Smoothing it into respectable generalities is how a statement becomes forgettable.

Do not use the printed AISH figure as your own. Use the amount on your own letter.

General information, not legal advice. Confirm recipient addresses on their own websites before sending.

WHY THIS STATEMENT MATTERS

This Personal Impact Statement documents the real-world effects of the AISH-to-ADAP transition on your life. Submit it to your MLA, MP, Premier, Minister, Ombudsman, and the Alberta Human Rights Commission. Every statement submitted is evidence on the public record. You do not need to be a lawyer. You need to be honest.

SECTION 1 — YOUR INFORMATION

Full Legal Name:		Date of Birth (YYYY-MM-DD):	
City / Town:		Postal Code:	
Phone Number:		Email Address:	

SECTION 2 — AISH / DISABILITY STATUS

Monthly AISH Amount: \$		AISH Effective Date:	
Primary Disability / Diagnosis (as documented):			
Secondary Conditions (if applicable):			
Assessed By (Doctor / Assessor Name):		Assessment Year:	

SECTION 3 — HOUSEHOLD & DEPENDENTS

Household Size:		Number of Dependents:		Dependents Receiving FSCD / PDD:	
Dependent Details — ages, disabilities, programs receiving: <i>No limit — tell your full story</i>					

SECTION 4 — FINANCIAL IMPACT

Monthly Rent / Housing Cost: \$

Utilities (approx. monthly): \$

Monthly Food Cost (approx.): \$

Monthly Medications / Supplies: \$

Other Essential Monthly Expenses (describe):

Approx. amount remaining after all essential expenses each month: \$

NOTE: AISH is currently \$1,685/month. Average Edmonton one-bedroom rent: \$1,500–\$1,900+.

SECTION 5 — EMPLOYMENT & WORK CAPACITY

Are you currently employed? ☐ Yes ☐ No ☐ Partially / Occasionally

If yes — describe type, hours, and approximate monthly income:

Describe the barriers that prevent you from working full-time:

No limit — tell your full story

SECTION 6 — HEALTH & MEDICAL ACCESS

Do you have a family doctor? ☐ Yes ☐ No ☐ Waitlisted

Current Specialist(s) seeing:

Current medications and / or treatments:

How will the ADAP transition affect your ability to manage your health?

No limit — tell your full story

SECTION 7 — PERSONAL IMPACT STATEMENT

In your own words: what does the AISH-to-ADAP transition mean for your daily life?

No limit — tell your full story

What do you want the government to know about your situation that the data does not capture?

No limit — tell your full story

SECTION 8 — WHAT YOU ARE ASKING FOR (CHECK ALL THAT APPLY)

- ☐ Pause the mandatory AISH-to-ADAP transition until criteria are published in plain language
- ☐ Restore the independent Citizens Appeal Panel (removed by Bill 12, December 2025)
- ☐ Conduct individual reassessments before any recipient is moved to ADAP
- ☐ Stop the Canada Disability Benefit clawback — this money belongs to recipients, not general revenue
- ☐ Restore funding to FSCD and PDD advocacy organizations (cut March 2026)
- ☐ Publish a complete plain-language ADAP guide before July 1, 2026

Additional ask (describe):

SECTION 9 — SUPPORTING DOCUMENTS ATTACHED

- | | |
|--|---|
| ☐ Medical assessment / diagnosis letter | ☐ Letters from treating physicians / specialists |
| ☐ AISH approval letter | ☐ Bank statements / financial records |
| ☐ Correspondence with AISH / ADAP program | ☐ School or therapy records (for dependent children) |

Other documents attached (describe):

SECTION 10 — DECLARATION & SIGNATURE

I declare that the information in this statement is accurate and truthful to the best of my knowledge. I consent to this statement being submitted to government officials, advocacy organizations, and — if applicable — the Alberta Human Rights Commission and the UN Special Rapporteur on the Rights of Persons with Disabilities.

Signature

Date (YYYY-MM-DD)

CONTACT DIRECTORY

Submit your statement to as many of the following as possible. Every submission creates a public record.

KEY PROVINCIAL & FEDERAL CONTACTS

Premier Danielle Smith

✉ premier@gov.ab.ca

Minister Nathan Neudorf (Disability Supports)

✉ alss.minister@gov.ab.ca

AISH / ADAP Program

✉ adap@gov.ab.ca

Alberta Ombudsman

✉ info@ombudsman.ab.ca

Alberta Human Rights Commission

✉ humanrights@gov.ab.ca

Federal Disability Minister

✉ hc.ministre-minister.sc@hc-sc.gc.ca

HUMA Standing Committee

✉ HUMA@parl.gc.ca

UN Special Rapporteur on Disabilities

✉ ohchr-sr-disabilities@un.org

Inclusion Alberta

✉ mail@inclusionalberta.org

Voice of Albertans with Disabilities (VAD)

✉ vad@vadsociety.ca

FIND YOUR MLA — ALL RIDING EMAILS

All MLA emails: riding@assembly.ab.ca | Mail to all MLAs: Legislature Building, 10800 97 Ave NW, Edmonton AB T5K 2B6

Airdrie-Cochrane

Peter Guthrie (UCP) | airdrie.cochrane@assembly.ab.ca

Airdrie-East

Laila Goodridge (UCP) | airdrie.east@assembly.ab.ca

Calgary-Acadia

Jennifer Johnson (UCP) | calgary.acadia@assembly.ab.ca

Calgary-Buffalo

Joe Ceci (NDP) | calgary.buffalo@assembly.ab.ca

Calgary-Cross

Mickey Amery (UCP) | calgary.cross@assembly.ab.ca

Calgary-East

Irfan Sabir (NDP) | calgary.east@assembly.ab.ca

Calgary-Elbow

Doug Schweitzer (UCP) | calgary.elbow@assembly.ab.ca

Calgary-Foothills

Prasad Panda (UCP) | calgary.foothills@assembly.ab.ca

Calgary-Glenmore

Jeremy Nixon (UCP) | calgary.glenmore@assembly.ab.ca

Calgary-Greenway

Mostafa Agha (NDP) | calgary.greenway@assembly.ab.ca

Calgary-Klein

Graig Snyder (UCP) | calgary.klein@assembly.ab.ca

Calgary-McCall

Naheed Nenshi (NDP) | calgary.mccall@assembly.ab.ca

Calgary-Mountain View

Diana Chase (UCP) | calgary.mountainview@assembly.ab.ca